



THE ANGELUS

THE NEWSLETTER OF ST. LUKE'S EPISCOPAL CHURCH, LEBANON, PA

Volume 8 No. 2

February 2018

Rector's Corner ô *Lent 2018: Following Christ*

Dear Friends in Christ,

Lent officially begins on Ash Wednesday, February 14th.

Lent is a special gift of God to His people. The word ðLentö means "springtime." It can be the springtime of our life in the Spirit as we seek to follow Jesus more closely. For many centuries, Lent was a time when the faithful walked alongside those preparing for the sacrament of Baptism at the Great Vigil of Easter. While we may not have adult candidates for the sacrament of baptism, it is still an opportunity for us to prepare to renew our baptismal promises at Easter.



It is no exaggeration to say that the very purpose of the church is to lead a person to experience the newness of the Christian life that comes from Holy Baptism. However, before any of us can lead someone else to that fountain of grace and life, we must ourselves find a renewed commitment to the way of Christ. Some began a such journey by participating in our fall program, *discovering Christ*. Even as many participants experienced a deeper awareness of their call to faith in Jesus during those seven weeks, some have discovered that they need more.

Being a Christian *is not* about ascribing to a set of doctrines or membership in a particular organization. It is about a new way of living. A deep and maturing faith understands that while each of us is made in the image and likeness of God, we only have a clear idea of what that looks like, when we look at Christ. To grow in God's image, then, we must become more and more like Christ, the perfect image of the Father. To discover what Christ looks like we need to find a real relationship with him. In order to do that, we need to spend time with him, to walk with him, to follow him.

To help us in this effort, St. Luke's will offer *Following Christ*, five weekly sessions that will be part of our Lenten observance. During these sessions, we will explore just how we can incorporate the disciplines that are part of our life in Christ. Like physical exercise routines (you do have one, don't you?) spiritual disciplines or routines will differ for each of us to the extent that our spiritual needs differ. Still, there are some things that are common to most of us, so we will begin to look at those and then take the opportunity to explore what among them might fit us best. And just like the changes that occur in our bodies when we undertake a regular discipline of diet and exercise, following real spiritual disciplines can transform our spiritual lives.

If you participated in *discovering Christ* last fall, be sure to follow-up by joining us for our Lenten soup suppers and the prayer, teaching and fellowship that follow. If you didn't participate last fall, this is the perfect time to begin exploring what may be necessary for you to make a powerful renewal of your own baptismal covenant at Easter and to experience a deeper transformation into the image and likeness of Christ.

Look for more information on the program and be sure to register at www.discoverchrist-stlukeslebanon.org or by calling the parish office.

In the loving heart of Christ, I remain faithfully,

David +

Annual Meeting—February 11, 2018

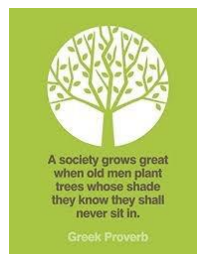
by Parish Office

Nominations for new Vestry members will be accepted until February 4. Nomination forms are available in the Parish Office. Requirements are as follows:

ELECTION OF VESTRY PERSONS ... A person, to be chosen to serve on the Vestry, must be nominated in writing=said nomination shall be executed by three or more members of the corporation, consented to by the nominee, and submitted to the Rector or Secretary no more than four weeks and no less than one week prior to the Annual Meeting. The names of the persons nominated shall be posted on the bulletin boards throughout the church as their nominations are submitted. Vestrypersons shall be chosen from the nominees at the Annual Meeting by lot utilizing such random and fair method as may be agreed upon by the Rector and the Senior Warden. Vestrypersons shall be eligible to serve two consecutive terms, but thereafter may not be chosen to serve on the Vestry again until a year has elapsed from the completion of their second term. A year shall be defined as the time between annual meetings. An appointed Vestryperson shall be considered to have served a complete term if he/she has served for two years.

Delegates to the Annual Diocesan Convention are also elected at the Annual Meeting. Nominations for delegates to the Annual Diocesan Convention will be accepted until February 4. The requirements are as follows:

ELECTION OF DELEGATES TO THE ANNUAL DIOCESAN CONVENTION...At each Annual Meeting there shall be elected that number of delegates and alternate delegates to the ensuing Diocesan Convention as merited by the parish under Diocesan Canons (three delegates, three alternates). A person to be listed on the ballot for delegate or alternate must be qualified to vote at the Corporation Meeting (adult, confirmed members in good standing)=he or she shall notify the Rector or Clerk of the Vestry in writing of his or her intent to become a candidate, and which of the two positions he or she seeks (delegate or alternate). A person may be nominated by another member of the corporation. Nominations will be accepted not more than three weeks or less than one week prior to the Annual Meeting. The names of the nominees shall be posted on the bulletin boards throughout the church and parish house as the nominations are submitted.



Proposed Agenda – Annual Meeting 2018 St. Luke's Episcopal Church Diocese of Bethlehem Lebanon, Pennsylvania Transfiguration Sunday – February 11, 2018 9 AM

“A society grows great when old men plant trees whose shade they know they shall never sit in.”

- Greek Proverb

- I. Worship (Church)
 - II. Business Meeting (Auditorium)
 - A. Determination of Quorum [Clerk of Vestry]
 - B. Review of Diocesan Convention
 - 1. Establishment of uniform parish by-laws
 - C. Introduction of slate for appointment to Vestry
 - 1. As proposed by nominating committee
 - 2. Nominations from the floor
 - 3. Approval of nominations *(if nominations are received from the floor, this action will be postponed to a later time in the meeting to allow for determination of eligibility of those so nominated)*
 - D. Financial Report
 - 1. Reception of report for fiscal year 2017 (contained in Annual Report 2017)
 - 2. Ratification of budget approved for 2018 (contained in Annual Report 2017)
 - E. Reception and Ratification of the Annual Report for Fiscal Year 2017
 - F. Continuing Business
 - G. New Business
 - IV. Closing
 - V. Benediction and Dismissal
- Social Hour and Reception to follow (Auditorium)*

Annual Meeting Covered Dish: Sunday, February 11, 2018

By Parish Office in Conjunction with Eileen Sidelnick

The Sunday, February 11th Annual Meeting, starts at 9:00 AM in the Nave (Church) and will then proceed to the Auditorium where it will be concluded and a lovely buffet style lunch will be offered for all who attend. We are asking for help with set up, which will begin at 8:00 AM. The food needs consist of such things as casseroles or crockpot meals, salads or breads, desserts or drinks or if you prefer to bring finger foods, cheeses, meat trays, or vegetable trays that is okay as well. We are also asking for help with cleaning up, which with more helping hands means less time to leaving and getting on with the rest of the day, especially in preparation for Festal Evensong. You can find the sign-up sheet outside of the parish office Monday thru Friday and in the Auditorium on Sunday. Look to the ECW News Article for contact information. Thank you!!!

11 February 2018 6:00 PM

Transfiguration Sunday

Festal Evensong

&

The Rev'd Canon David Lovelace

NOTE: INCENSE WILL BE USED AT ALL EVENSONGS

ECW News: SHARE

by Eileen Sidelnick

There will be no February ECW Meeting. Our next meeting will feature a Game Night on Tuesday, March 13 at 6:30 p.m. in the Fellowship Hall. ECW will coordinate the food for the Annual Meeting on Sunday, February 11. In addition to food donations, we need help setting up and cleaning up. Please see the sign up sheet on the bulletin board next to the church office. Contact Eileen Sidelnick (717-926-4238) if you have any questions. Thank you for your help!



Liturgy and Life

Ash Wednesday:

The Day for A Change of Heart

Ash Wednesday is a day of fasting, is the first day of Lent in Western Christianity. It occurs 46 days (40 fasting days, if the six Sundays, which are not days of fast, are excluded) before Easter and can fall as early as February 4 or as late as March 10. Ash Wednesday is observed by many Western Christians, including Anglicans, Lutherans, Methodists, Presbyterians, Roman Catholics, and some Baptists.



According to the canonical gospels of Matthew, Mark and Luke, Jesus Christ spent 40 days fasting in the desert, where he endured temptation by Satan. Lent originated as a mirroring of this, fasting 40 days as preparation for Easter. Every Sunday was seen as a commemoration of the Sunday of Christ's resurrection and so as a feast day on which fasting was inappropriate. Accordingly, Christians fasted from Monday to Saturday (six days) during six weeks and from Wednesday to Saturday (four days) in the preceding week, thus making up the number of 40 days. Orthodox Christians do this 40 days in a row.

Ash Wednesday derives its name from the practice of blessing ashes made from palm branches blessed on the previous year's Palm Sunday, and placing them on the heads of participants to the accompaniment of the words "Repent, and believe in the Gospel" or "Remember that you are dust, and to dust you shall return."

Ash Wednesday Worship Schedule

February 14

12:05 PM

Holy Eucharist with
Blessing and Distribution
of Ashes.

7:00 PM

Holy Eucharist with
Blessing and Distribution
of Ashes.

Flower List

By Parish Office

February 4 ô The Fifth Sunday After the Epiphany

- * Mr. and Mrs. Bruce Kilmoyer
- * Bob and Fran Kunath
- * Mr. and Mrs. Robert Daub

February 11 ô The Last Sunday after the Epiphany

- * Mr. and Mrs. Joseph Mesics
- * Anne Shemeta

18 February 2018 3:00 PM

Song of Love Concert
St. Luke's Auditorium

Artists

Gary Cohen
Carolyn Erdman
Tim Erdman
Ricky Herb
Deborah Joyner
Shirley Karinch
Todd Snovel

Sponsored by Harmonia
Music Association

Free and Open to the Public

Christian Formation:

Lent – A Season of Grace

People often don't look forward to Lent. Childhood memories of giving up candy or sitting through weekly Stations of the Cross come immediately to mind. Words like "sacrifice," "discipline," and "self-denial" are often used in ways that suggest that Lent is something to be endured rather than a time of grace and spiritual growth.

Have you ever thought of Lent as a yearly second chance? Each year the Church gives us six weeks to take a long, loving look at our lives to see if our values and priorities are in line with God's desires for us. Since most of us find that we've wandered from God's path, Lent becomes that second chance, or do-over, to return to God with our whole heart.

From the breakfast table to the car seat, from writing to drawing, from giving something up to doing something more . . . Let the wisdom and spirit of the stories that follow inspire you in your own Lenten journey.

Around the breakfast table

One of my best Lenten practices was begun when my children were in elementary school and I was a working parent. It seemed as though we were struggling to find time to eat dinner as a family and this was greatly disturbing me. I decided that if we were unable to hold the dinner hour sacred due to work schedules and after

school activities, I would instead hold the breakfast hour sacred. I made sure to get up each morning during Lent just a little earlier so that I could not only provide breakfast for my family but actually sit together, pray our meal prayer and begin each day on a happy note. It began in Lent and didn't end until my children went off to college many years later. I learned that Lenten habits could carry far off into the future with my family. The impact was dramatic in that each day was started with a prayer and positive attitudes. Breakfast became and remains one of our favorite rituals of the day.

Roberta, IL

Drawing a prayer

I took time every day to draw in a sketchbook. I called the time my "God Time." I wanted to make each day of Lent special by taking time to reflect on God and my relationship to God.

Barbara, OH

My Lenten jar

I always have nice things that I'd like to do, but never seem to make time to get to: write a letter to a friend, visit a lonely person, call a distant friend. At the beginning of Lent, I write down 40 plus tasks, one per little slip of paper, and toss them in a jar. Then, each morning of Lent, I pull one out and do the task written there. It teaches me that I like surprise and variety in my Lenten practices. For me, this is a simple way to concentrate on the disciplines of giving alms and doing good for others.

Mark G., KS

Dialing into God

Instead of listening to music or talk radio in my car, I decided to take that time for prayer and to listen to God. At first, it was a difficult transition—the silence was deafening. But soon, I began to enjoy the quiet time. I prayed for people who I knew needed my prayers. I prayed for my family and myself. I also thanked God for my many blessings. I found that I became much more calm and peaceful during this time. This reflective time grounded and centered me to do my best.

Donna, NC

A note a day

Each day of Lent, through prayer, a name surfaces of a person who has had an impact on my life in some way. I then take the time to write a handwritten note to that person. I have been amazed at the people that have surfaced: from my 3rd grade teacher—to a cousin—to a high school student who had written me a note after a presentation I gave at

her school. I send the notes without the expectation of a response. Yet, I have received several emails and notes stating how much it meant to the person. Life is too short ô we see that with Jesusô but, we have the opportunity to share our thoughts with those who have made an impact (some don't even know it, until they receive the note). This embodies the idea of Lent: prayerô praying for a specific person each day=fastingô fasting from negative thoughts=and almsgivingô sending a note with affirmations is a great gift to give.

Suzanne, NY

Many thanks to Loyola Pressôblog posts for these stories. Each one of them shows how we can grow in our appreciation of this special time in practical and meaningful ways. When you think on these things and how they can impact your life, reflect for a bit on this question: ôWhat message do I want to offer others through what I say and do this Lent?ö

Service Cancellations

by Parish Office

If services need to be cancelled for bad weather, in addition to being posted on the website, and on our Facebook page, it will be announced via these outlets:

Radio stations: WLBRô 1270 AM or WQICô 100.1 FM

Television stations: WGALô Channel 8=WHTMô Channel 27=WLYHô Channel 15



Hospital Admissions

by Parish Office

If you or a family member or friend has been admitted to the hospital, please call the office. DO NOT expect the hospital to inform us. Please let us know when you or someone is admitted, and tell us the room number if you know it. This is especially true for those who are admitted through emergency or over the weekend.

Stewardship: Lent – A Time to Recover Momentum

As we are about to begin another Lenten Season, most of us can recall other Lenten seasons and how we began them with such enthusiasm on Ash Wednesday to have a ôgood, fruitful and holy Lent,ö only to discover that 20 days into the 40 days of Lent, we were just ôcoastingö to get through the rest of the season. No one is alone in this reality!

What happens to us at the mid-point of this great season of renewal in which we discern our relationship with Christ as His disciples, then often lose our ômomentumö somewhere along the way, anticipating Easter with less and less drive and passion? By the time Holy Week arrives, where are we spiritually?

This year, let us collectively resolve to end that pattern and begin another Lent that calls us to discover and recover a fulsome sense of stewardship in this time of renewal. While this may sound like another Lenten resolution, this year, let us pray that it will be different. After all, isn'tôLent a time to ôfirmly intend amendment of life.ö (BCP 447) Those words say more than what just might be a familiar prayer. They tell us that, with God's help, our lives can be different. It may also be the solution to help us discover (or recover) our individual and communal commitments to a life of Christian stewardship.

There is a time to make an intentional decision to renew our willingness to follow Christ through involvement in the life of our parish, in the home, in the workplace or at school. That happens each fall at St. Luke's when, during our annual membership campaign, we discern and commit ourselves to a stewardship way of life by the way we use our time, talents, and treasures. It is a key moment for each of us personally, for our parish, and for our community. But that was four months ago!

Too soon we will find ourselves deep into the Lenten season. So, why not see this as an opportunity to discover and recover what we thought we would do last fall? It truly can be a time when we try to continue something we may have lost sight of with the passing of a few months. And isn't that the meaning of the Lenten Season, when we seek to improve our relationships with the Lord and one another? Lent is a time for a ôspiritual tune-up.ö Discovering or recovering the stewardship way of life can be the means to restoring our lives in Christ. It is an important and practical way to make our Lenten season good, fruitful and holy this year.

Pastoral Care

By Soon Slayman



First, at this time, Pat Henry has retired as a Lay Eucharistic Visitor. We send many thanks for the peace and companionship that she has brought to those she has visited over the years.

Please if you see an opening in your life for this ministry, contact Father David, Sue LeBaron-Tonini, or Soon Slayman

Second, there has been conversation among us involved with Pastoral Care that we want to be included where we may help provide support when a member of our congregation has a serious injury or illness, a significant change in their life or when there is a death in a family.

Some of the ways this connection can be made are:

- Adding a name to the Sunday church bulletin in the Prayers of the People.
- Adding a name to those on the Prayer List, which is confidential and maintained by the church office. Members of the Prayer Chain regularly pray for healing, for comfort, for direction and more.
- Possibly helping with transportation to doctor's appointments or to church or on an errand.
- Making visits to the hospital and to the homebound.
- Bringing communion as Lay Eucharistic Visitors to the homebound.

We are trying to find a balance between not intruding and reaching out. Please let us know. Soon Slayman - soon.slayman@gmail.com, or contact the church office at 717-272-8251.

Prayer List Member Request

By Rose Brown

We are looking for new members to pray for those in need. It takes very little time out of your day (10 minutes to a half hour, depending on your prayer habits) and you will be filling a need within the parish. If you decide to volunteer, please contact the parish office at 717-272-8251 to let Lisa or Rose know and you will be contacted by the appropriated party and the process will be explained at that time.

Lebanon County Christian Ministries Donations

The item from the LCCM wish list for
January is Canned Soups

Annual Easter Egg Hunt

Bernice & Randy Schies

We will no longer be doing the Annual Easter Egg Hunt and we are hoping someone will be willing to volunteer to take on the event. We appreciate everyone's support in making this annual event a success, thank you.



June 30th Bus Trip: Save the Date

By David Dowhower

Game starts at 6:05 PM . Stay tuned for more details.



Please pray for our Homebound: SHARE



Frances Arthofer, Barbara Bross, Joe Dowhower, Betty Gates, John "Pete" Gates, Doris Kern, Grace Reich, Charles Wood,

Candy Egg Sale

By Laurie Daub

This year's candy egg sale will commence immediately with a kick off "Sweetheart" Candy Egg Special. For one week only, February 11th to February 18th, we are offering 1/2 lb. gift boxes of your favorite chocolate coated candy eggs. The white candy boxes are resplendent with a big red bow, perfect for gift giving. Each box will have 6 pieces of your favorite eggs. We offer peanut butter, coconut cream, buttercream, and new this year, salted caramel buttercream sample box. 1 or more of each flavor egg may also be purchased. Each "Sweetheart" box of Candy is \$10.00 and should be preordered by Sunday, February 4th. Orders may be picked up at the church after the Sunday Service and Monday to Friday during regular daily office hours. We will begin accepting orders for single eggs beginning

Sunday, February 18th. Prices remain at \$1.00 per egg. Preorders are appreciated. The 4 flavors of eggs will be available each week of Lent until Palm Sunday, March 25th. The last day to place orders will be Sunday, March 18th for Palm Sunday pick up. Extra eggs are made fresh each week and will be available on a first come, first serve basis. Don't be caught without! Order early, order often.

Order forms may be turned in at the office Monday through Friday or at coffee hour on Sundays. Additional order forms are also available at those locations. Payment can be made when eggs are picked up. Cash or checks will be accepted and checks should be made out to St. Luke's ECW.

Dates to Remember

Sunday, February 4th Preorders due for Sweetheart boxes of eggs.

Sunday, February 11th—18th Pick up boxed eggs

Sunday, February 11th First Day to Preorder Individual Eggs

Sunday, March 17th Last day to Preorder eggs

Sunday, March 25th Final day to Purchase

Sunday, April 1st Happy Easter !!!

Sweetheart Candy Egg Box



Order Form: Customer Fills Out Top Portion	
Customer Name:	
Customer Contact Phone #:	
Pick Up Date:	
Egg Choices:	Total Amount Wanted of Each:
Peanut Butter	
Butter Cream	
Coconut Cream	
Salted Carmel Butter Cream (New)	
Total Amount Owed:	
Cash or Check: Checks should be made out to St. Luke's ECW	
Order Form: Packer Fills Out Bottom Portion	
Packer's Name:	
Packer's Contact Phone #:	
Pick Up Date:	
Egg Choices:	Total Amount Packed of Each:
Peanut Butter	
Butter Cream	
Coconut Cream	
Salted Carmel Butter Cream (New)	
Check One:	
Paid:	Not Paid:
Cash:	Check:

FEBRUARY 2018

