

THE ANGELUS

THE NEWSLETTER OF ST. LUKE'S EPISCOPAL CHURCH, LEBANON, PA

Volume 12 No. 2

Do Justice. Love Mercy. Walk humbly with God

February 2022

Rector's Corner: *Namaste – the divine life in me greets the divine life in you.*

Dear Friends in Christ,

Some time ago, I entered a classroom at Niagara University where I was teaching “frosbies” the rudiments of the New Testament, focusing on the teachings of Jesus in the gospels. The classroom was located near the Campus Ministry office. In the corridor, I noticed a series of handmade posters promoting classical religious virtues. The one that really caught my eye highlighted the virtue of humility. It said something like this: *humility is admiration for the gifts that God has given to others – reverence for God in others – recognizing and developing our own gifts for others.* It seemed a bit prosaic for an inspirational poster, but it accomplished its purpose. So much so, that I pulled out the journal I always carry and recorded the sentiments expressed. It really accomplished its purpose when you realize that the year 1991 and I still refer to it.



Too often when we hear the word humility, we think of how we ought to be self-effacing – diminish ourselves in the light of others. Here however, the word admiration opened for me a new way of thinking about humility. On seeing admiration in connection with humility, I began to recognize all the ways in which, being preoccupied with myself, I failed to stop and admire the gifts of others. I am happy to say the poster almost immediately made me admire the gifts of those around me, including my students!

I've recalled that poster many times since, especially when I witness pitched battles over social issues. It is so amazingly easy to get drawn into confrontations over policies, structures, and outcomes when we confront the problems that face our communities. Regardless of which side we may take on a particular issue, we are all thinking about doing what we deem “good.” The problem emerges when we see anyone who questions or opposes us as a barrier to accomplishing that good. We come close to falling into what is known as a “technocratic paradigm,” where we treat others not as persons but as thing - as unruly “parts” of a mechanical assembly. But society is not a machine. It is something that we do with other people. Thus, church teachings are not exclusively about policies and plans. As Christians our “positions” must reflect virtues – the positive habits we form as we learn how to interact with others. To overcome the growing divisions in our communities, we may need something like what we might call social humility – something like what is rooted in the convictions the poster expressed.

To develop a sense of social humility, we must acknowledge that none of us can see the whole picture. None of us has a “God’s-eye view” of something as vast and complicated as society. This may seem like common sense, but it is especially important for Christians.

From the beginning, wanting to “be like gods” has been part of the human condition. This temptation grows stronger when we try to better society motivated by religious faith. If we believe we are doing God’s work, we can too easily believe anyone who opposes us opposes God. “Social humility” reminds us that situations are never that simple. Social humility asks us to admire that piece of the picture that God has given to others to see and that may be hidden from our eyes.

Another important aspect is rooted in our traditional teaching about conscience—namely, it is nearly impossible to snuff out one’s conscience entirely. No matter how poorly an individual’s conscience may have been formed over time, we believe that there is still a fundamental inclination placed there by God: to do what is good. Problems emerge, however, when we are mistaken about what the good genuinely is and what means we can use to achieve it. Even so, if we believe that we search for the good with some degree of clarity, and our opponent does not, we must still believe that our opponent also seeks what is good – as they see it. Then, there is something in their view that is good and thus worth admiring.

Finally, we believe that God created humanity to be one family. Family metaphors dominate the language of human relationships in Christianity. We grow accustomed to being addressed as “brothers and sisters,” that God is “our father,” and that Mary was the “mother” of the “son” who is the “brother” to us all. Our first response to others, then, should be a response we would hope for in family relationships: no matter the conflict, the option of total rejection or destruction is off

(Continued on page 2)

the table. This is not to say that family relationships cannot break down. Parents reject children, children reject parents. People become alienated from their own families. Even Jesus recognized that possibility. But the pain of such situations alerts us that this is not God's design for us. Instead, we should seek to find the good in our brothers and sisters—and not just our biological ones – but everyone in God's human family.

This admiration-first approach is not easy. We need to be aware of the particular “structures of sin” that we face in trying to cultivate such humility. One of the biggest problems we face today are the ubiquitous online forums that prioritize getting attention and rousing followers. It is always easier to cultivate humility when we come face-to-face with real, not virtual, people. We know all too well that even real-life social relationships can be infected by pride, hostility, and arrogance. But we also recognize it is harder to hate someone to their face.

This isn't about being “nice” to everyone. It isn't about trying to get the other person to be “nice” to us. It is about living out the gospel values of respect and an acknowledgement of the *dignity of every human being*, even those we may not “like.”

To follow the Way of Love, as Jesus proclaims it, we must stand up for dignity. We should especially minister to those who suffer at the hands of those who fail to respect others' dignity. Even so, we never have permission to fail in respecting the dignity of those on the “other side.”

Is that a path of foolishness? If we think in terms of maximizing outcomes, it certainly is. But the poster in the hall at Niagara U. reminds us why it is not foolish. It is a way of experiencing conflict that says to an opponent: “you are a Child of God, and nothing you do or say is going to make me stop trying to connect with the Child within you.” It is about admiring their basic dignity and finding their gifts, no matter what. In doing that, we can never truly lose.

With you as a pilgrim on The Way, I remain faithfully,

David +

Senior Warden Report

by Steven Doster

Thank you for the opportunity to serve St. Luke's as your next Senior Warden. I do not take this commitment lightly, realizing that I have incredibly big shoes to fill with the departure of Senior Warden, Beth Yocum. I want to thank Beth for her more than 12 years of service in various leadership positions within the Parish. Her passion for the mission and ministry of St. Luke's in the Lebanon community is truly inspiring. Thank you Beth!

For those of you who don't know me, I'd like to take this opportunity to tell you a bit about myself. I am a life-long resident of Lebanon County. I grew up in Monroe Valley until age 10 and then, in Jonestown. I am a 1998 graduate of Northern Lebanon High School and a 2002 graduate of Grove City College in northwestern Pennsylvania. Alyssa and I have two daughters (Caroline, 17; and Vivian, 12)

and we currently live in South Lebanon Township. I work for a non-profit called Council for a Strong America that unites the voices of law enforcement, military and business leaders in support of efforts to ensure that America's youth are well-educated, physically fit, and prepared for productive lives.

Our family came to St. Luke's in 2015 after a long search for a spiritual home. The Episcopal Church's legacy of inclusion and aspiration to tell and exemplify God's love for every human being was an important part of our decision to call St. Luke's “home.”

As we hopefully emerge from our socially-distanced lives of the past two years, I look forward to working with all of you to sustain and strengthen the work of St. Luke's. I would welcome the opportunity to hear from you. I can be reached at 717.343.6403, or by email at dostersL1@gmail.com.

Stewardship: Love Letters to God

Sweethearts (also known as conversation hearts) are small heart-shaped sugar candies sold around Valentine's Day. Each heart is printed with a message such as “Be Mine”,



GOD IS FAITHFUL!
Annual Membership
Campaign 2022

“Kiss Me”, “Call Me”, or “Miss You”. You remember them. They are still around. Those little candies could mean so much to a youngster who is just starting to understand what it means to love someone other than themselves. After all, that is what kids do when they are very young. We learn to love others as we carefully emerge from our respective circles of trust and venture into a world to discover others “just like me.”



Have you ever thought of the candy hearts that God sends you regularly? God's valentines are not tasty, sweet bits nor even a greeting card. God's valentines are sent to us in the many gifts we enjoy daily – little expressions of God's care and love for us. We may not think of them as valentines, but they are unmistakably messages of love. The Scriptures are replete with those messages: in the Psalms, the prophets like Isaiah, and even in the strong words of correction we find in prophets like Amos and Micah. The clearest expression of God's love for us is, of course, the Word incarnate – Jesus Christ, his Son. When was the last time you sent God a valentine – a little sweet bit or a greeting card telling God of your love for God? While it is true that our offerings are usually made out of a sense of responsibility or thanksgiving, it can be equally true that our giving can be motivated by nothing else than our love for God. When we think of giving gifts to others, we avoid giving anything that might seem cheap or tawdry. We usually aim for something that with “wow power.” Why should our financial stewardship within the Church be any different? Think on what you might want to give to God as a valentine. What might that look like? Then realize that we should never limit our expressions of love to a mere observance like Valentine's Day – as we love those dearest to us every day, so should we express our love to God.

History Notes: St. Luke's Fourth Rector—John Mitchel Page, Part IV— Reminiscences



by Terry Heisey

In 1981 St. Luke's historian Richard Kimmel received a letter from Rebecca (O'Connor) Moulder requesting information on John Mitchel Page. In writing a biography of her great uncle, Major Thomas O'Connor, she became interested in the life of Jane (Jenny) Mitchel, Father Page's grandmother, and she wrote Mr. Kimmel for any information he might have about the grandson. [The book was published as *Jenny Mitchel, Young Irelander: a Biography* in 1988.] Over the course of two years they exchanged documents, and among the items Moulder sent was a letter she received in answer to a request for information to the Chapel of St. John the Divine that Father Page had founded on the campus of the University of Illinois. One member of the congregation was still alive who had known Father Page well, and Marcus Selden Goldman, Professor of English Emeritus, wrote seven pages of reminiscences. The picture they paint will not be a surprise to us, but they do fill our portrait of the man.

Professor Goldman writes: "I first met Father Page in December 1916 while I was a beginning graduate student at the University of Illinois. Father Page impressed me from the moment of our meeting. He was fairly tall, of easy but very dignified bearing, and of handsome countenance. His voice was pleasant and his diction clear and precise. I was immediately both impressed and charmed. I had never before encountered a clergyman of such profound and varied learning and with a gift for such neat turn of phrase, quiet force of expression. In Father Page's presence, I was at once conscious of my youth and ignorance. But his great kindness of manner kept me from being too painfully so."

When the US entered World War I Goldman was sent to Camp Crane in Allentown PA, where he confirmed by the Bishop of Bethlehem, Ethelbert Talbot. Ten years after leaving the University he returned as a faculty member. "Father Page in 1926 seemed much as I had known him in 1916, but in the decade he had established for himself in the Academic Community a position not rivaled by any other clergyman. The congregation of St. John the Divine was, thanks to Father Page's devotion and rare personal gifts, united in an unusual degree and most faithful in attendance at all services. It was still meeting in 1926 in the small auditorium of Morrow Hall, one of the buildings of the College of Agriculture, for the chief Service on Sundays ... Weekday celebrations of the Holy Eucharist, of which there were many, for Father Page was a most scrupulous observer of the feasts and fasts of the Church Year, were in the Chaplain's house ... next to the rising first bays of the Chapel of St. John the Divine, a Gothic edifice in Bedford Stone of great beauty. In the design of this structure, Father Page had had an active part."

"I do not recall ever hearing Father Page speak of his own father, and I have the impression that he had no very vivid memory of him. Of his mother, I remember his talking at length on one occasion. ... [She] taught him French as a small boy, and had sent him to a Roman Catholic priest for instruction in Latin and to a rabbi for instruction in Hebrew. This unusual provision for her son's education would seem to suggest that she had hopes that he would later study for the Anglican priesthood. I do not remember, however, that Father Page said anything to that effect."

[TO BE CONTINUED]

Music Notes: Hymn 661 "They Cast Their Nets in Galilee"

by Terry Heisey

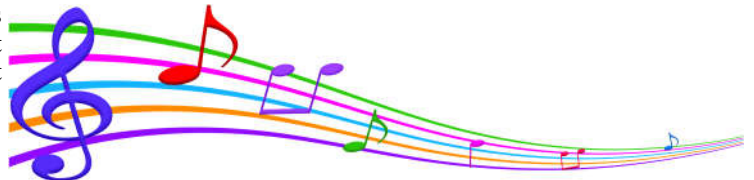
Every year during the season of Epiphany we hear about Jesus' calling of his disciples at the beginning of his ministry, and we sing this hymn that most graphically reflects these Gospel accounts. The hymn has its origin in a poem entitled "His Peace" from Enzo's *Kingdom and Other Poems* (New Haven: Yale University Press, 1924), the third published volume of poems by William Alexander Percy (1885-1954). Percy was born into Southern aristocracy, the son of Camille, a French Catholic, and Leroy Percy, a Mississippi planter and U.S. Senator. During his early education at the Sisters of Mary Convent Percy accepted Catholicism, but his parents withdrew him from the convent when he decided he wanted to be a priest, and during his time at the Episcopalian college attended by his Percy ancestors, the University of the South in Sewanee TN, he reaffirmed his Episcopal faith. After receiving his law degree from Harvard University in 1908 he returned to Greenville MS to practice law but also began writing poetry. During World War I he joined the US Army and trained soldiers in the 92nd Division (the US Army's first African American division), earning the Croix de Guerre in 1918 and rising to the rank of captain. Percy returned to Greenville to fight battles on the home front against the Ku Klux Klan. By their efforts the Percy family succeeded in preventing the Klan from organizing in Greenville and Washington County. He turned the family plantation into a model community for Black farmers and was the quintessential "good man" characterized by moral integrity, kindness, gentleness, social conscience, and good manners.

The poem from which we get this hymn begins:

*I love to think of them at dawn
Beneath the frail pink sky,
Casting their nets in Galilee
And fish-hawks circling by.
Casting their nets in Galilee
Just off the hills of brown*

and continuing with minor alteration in the *Hymnal 1982*. It captures the paradoxical blessings and challenges of Christian discipleship: the peace of God that filled the disciples' hearts and broke them too, the double-edged sword that pierced Mary's heart that was full of joy and hope, and Peter's mission that ended in his crucifixion on an inverted cross. In Percy's words the peaceful sleep of the Christian death is but strife for the good buried in the sod, but the fight for good is worth it all and more.

The tune in our hymnal was composed in 1941 for use in the *Hymnal 1940* by David McK. Williams (1887-1978), long-time organist and choirmaster at St. Bartolomew's Church on Park Avenue in New York City. He titled it *Georgetown* in honor of his friend H. Bland Tucker, then rector of St. John's Church, Georgetown, Washington DC, the writer of 26 hymns in our hymnal. For years we at St. Luke's sang this hymn to the tune Peace of God written for it in the *Lutheran Book of Worship* (1978) by Herbert G. Draesel, Jr., rather than Georgetown, but we have more recently used the *Hymnal 1982* tune, which, although irregular and a bit angular, has its own strength and fitness for the text.



CHRISTIAN FORMATION

by Mother Mary Kisner

Real People:

In conjunction with Black History Month, I am including a brief biography of a legendary man of our own times who recently died, Archbishop Desmond Tutu.



Desmond Mpilo Tutu was born in Klerksdorp, a farming town 100 miles south-west of Johannesburg. The sickly son of a head teacher and a domestic servant, he trained first as a teacher before becoming an Anglican priest.

As a cleric, he traveled widely, gaining an MA in theology from King's College London. Though he only emerged as a key figure in the liberation struggle in the mid-1970s, he was to have a huge impact, becoming a household name across the globe.

Excitable, emotional, charismatic and highly articulate, Tutu won the Nobel peace prize in 1984. A vocal supporter of sanctions against South Africa, he was detested by supporters of the apartheid regime, who saw him as an agitator and traitor. Tutu was however protected not just by his wit and combative spirit, but by his immense popularity and respect. In 1986 he was appointed archbishop of Cape Town, the effective head of the Anglican church in his homeland.

Tutu always kept his distance from the African National Congress (ANC), the party that spearheaded the liberation movement and has now been in power in South Africa for more than 20 years. He refused to back its armed struggle and to support unconditionally leaders such as Nelson Mandela. However, Tutu shared Mandela's vision of a multiracial society in which all communities lived together without rancor or discrimination and is credited with coining the phrase "rainbow nation" to describe this vision.

After the nation's first free election in 1994, Mandela, who had become the president of a free South Africa, asked Tutu to become chair of the Truth and Reconciliation Commission (TRC), the controversial and emotional hearings into apartheid-era human rights abuses. The TRC was described as the "climax of Tutu's career" and lauded across the world as a pioneering effort to heal deep historical wounds.

However, Tutu found the experience deeply traumatic. He was saddened and perplexed by the ferocious criticism from the white right wing, some mainstream liberals and the ANC. The terrible testimony that he listened to day after day brought deep emotional stress too, with TV viewers watching as the tough, witty cleric put his head in his hands and wept. His book, *No Future Without Forgiveness*, recounts his experience with the TRC.

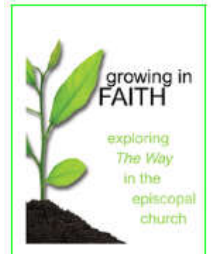
Despite the onset of prostate cancer in the late 1990s, Tutu remained interested in world affairs and determined to use his enormous moral prestige to make a difference. In 2015, he launched a petition urging global leaders to create a world run on renewable energies within 35 years, which was backed by more than 300,000 people globally. It described climate change as "one of the greatest moral challenges of our time". He also spoke out against homophobic legislation in Uganda

and argued in favor of assisted dying.

Mandela, who lived near Tutu's home in Soweto and also won the Nobel prize, once described his close friend as "sometimes strident, often tender, never afraid, seldom without humor". "Desmond Tutu's voice will always be the voice of the voiceless," he added. *From Guardian.com*

ZOOM Feast Sunday, February 13 at 9 AM.

ZOOM Feast is open to all our children and their families. We light a candle which reminds us that Christ is the Light of the World, then we have a brief check-in from everyone. We take turns praying, out loud or in our hearts. Then we set out our napkins, drink, and a small treat and eat it together.



Before each Feast, families (who have joined us in the past) will be contacted by email so they can reply and let us know if you can join us once again. Others who want to join in will need to let Mother Mary know by calling the parish office or by emailing her youth@stlukeslebanon.org

We need your email address, so Mother Mary can send out the link for our Zoom Feast. Then, on the Friday before, one of our teachers will personally deliver a Feast Package that will contain the items each child will need to participate in our Zoom Feast.

When we begin meeting in person for Christian Formation on Sunday mornings, we will have our Feast together in our classrooms!



Videos Online

Each Sunday we include new videos on our Christian Formation website. This month the Godly Play videos will highlight the life of Jesus and many of his parables. Other videos will look at the stories from the Revised Common Lectionary as we follow it during this Epiphany season.

You can always find something new and interesting there - <https://www.journeyinfaith-stlukeslebanon.org/> - click on "Grow" to find these liturgical resources.

Let's Begin Again - Christian Formation for Children - in person

Tentative plans are in process for opening our classrooms on Sunday mornings for our children. We are so thankful that COVID vaccinations are now available for our young ones. *Soon* we will be welcoming them back for Godly Play, in two classes for children age Pre-K to grade 5, and another experience for our middle school students. Watch our weekly bulletins and emails for details as they become available.



Growing In Faith

Sunday, February 13, 2 pm - In Church

At our monthly meetings we continue to explore various aspects of our Christian faith within the milieu of the Episcopal Church here at St. Luke's. This month's emphasis will be on the cornerstone of our corporate worship, Holy Eucharist. Mother Mary will be celebrating an Instructed Eucharist, explaining the various parts of the service and also the physical components which are often used. Following that she will offer a presentation on how various customs interplay with each other to enrich our worship experience.

An Invitation to a 30-Day Challenge

30

Join in Supporting Those who will be Confirmed and Received

When the bishop comes and celebrates the service of Confirmation, Reception, and Reaffirmation of Vows for those who have been studying in our Growing in

Faith sessions, he will ask us all this question:

Will you who witness these vows do all in your power to support these persons in their life in Christ? Our Answer: We will.

In anticipation of that question and your answer, we offer all of you in the St. Luke's community the opportunity to begin that support by praying for and with these fellow parishioners for the 30 days just prior to the bishop's visit.

From March 27 through April 25 you will receive a note by email each day, prompting you to reflect on your own journey in faith. These notes will cover five stages of spiritual development leading toward the renewal of your own Baptismal vows on the day the bishop visits. The sequence of reflections will include:

Day 1 – 10 LOOK INWARD Where is God in your life?

Day 11-15 LOOK AROUND Where is God already moving?

Day 16-20 RENUCIATION Where are the forces holding back God's grace?

Day 21-25 COMMITMENT What truths do you embrace and desire to vow to God?

Day 26-30 OUTWARD Where is God calling you to proclaim and perform your vows?

To join in preparing along with this class, send an email to Mother Mary, or call the parish office and ask to be included as a prayer partner for them. When the time comes to begin, you will receive your first reflection and the names of those who are in this group. In this way we can open ourselves to the work of the Holy Spirit as we continue Growing in Faith together.



Calling Parents and Interested Adults!!

Mother Mary is looking to hold a forum to gather insight regarding Christian Formation for our children and youth. It's time to re-engage and do some creative redevelopment in our ministries.

R.S.V.P.

While I am not at all grateful for COVID and its assault on our health, I am grateful for the opportunity to spark creative approaches to our life and ministry together.

With that in mind I invite all our parents, and other adults who love children, to a Zoom meeting on Sunday, February 13 at 7pm. Bring your hopes, your concerns, and your ideas for helping our children to grow in their faith through studies, fun, and various avenues of service within the church and within the community at large.

To join in this important conversation email Mother Mary at youth@stlukeslebanon.org and she will provide the Zoom link.

Christian Formation Website

www.journeyinfaith-stlukeslebanon.org

We continue to post new resources and information for our spiritual growth on our website, dedicated to Christian formation. Especially helpful is the page [For Children and their Parents](#). There are also resources [For Adults](#): access links to podcasts [weekly bible study](#) and more!

Bible Study

10 AM Thursdays in our ZOOM room at

<https://zoom.us/j/190727051>

Find the readings for each Sunday at

<http://www.journeyinfaith-stlukeslebanon.org/lectionary-texts-for-this-sunday.html>

National Caregivers Day— February 18

by Parish Office

National Caregivers Day is observed every year on the third Friday of February, making this year's date February 18. This day was created to honor selfless individuals who provide personal care—physical and emotional—to those who are in need. The various types of caregivers are not restricted to only the health sector, they can and do include family, professional, independent, private duty, and informal caregivers. There are paid, underpaid, and unpaid caregivers, making this day essential to share our appreciation for their patience, kindness, and giving by thanking them for their short term and long term commitments to helping others in need.



The History of National Caregiver Day

The objective was and is to acknowledge and focus on issues of caregiving beginning began back in 1996 with Caring for Caregivers, which established The National Alliance for Caregiving. In 2015 the Providers Association

Feed the hungry.
Give drink to the thirsty
Clothe the naked.
Shelter the homeless
Visit the sick
Visit the imprisoned
Grieve the dead

MercyWorks

Outreach Ministries at St. Luke's Episcopal Church

Share the faith
Counsel the troubled
Admonish the sinner
Suffer wrongs patiently
Reconcile others
Comfort the afflicted
Pray for all

Pastoral Care

by Soon Slayman

Sometimes I feel like a toddler in a snowsuit too thick to bend my arms, wanting to sit down in the middle of the sidewalk and bawl. Maybe I am cold, maybe I am hungry or tired, maybe I want attention or a kind word or a hug. The feelings are real but we are supposed to have outgrown such direct demonstrations of emotion. Usually I wake up optimistic but, sometimes, as the saying goes, I get out on the wrong side of the bed and I am grumpy. A dark way to begin a day. The problem is compounded because I am disappointed in myself.

This happened the other day. It was gray and cold when I sat down to read the online Bible passages I get. My eyes slid over the words and I was nowhere. I puttered around the kitchen and then "something" made me think of a friend who is alone. I picked out a card, wrote a note, sealed the envelope, and chose a stamp. Simply reaching out beyond my self-centeredness lifted my spirits and the day was brighter. This is what I call an act guided by the grace of God. I know this is simplistic but I believe in it. Giving a little makes it easier to receive - evidence that I should do unto others as I would have them do unto me.

One of the core elements of Pastoral Care, as outlined in the Vision 20/20 document, is "Development of a parish-wide ethos of compassion." I believe this is natural to members of St. Luke's who have always reached out to others and yet it cannot be quantified, nor can it ever be enough.

Be creative when you think about reaching out to those around you. Each of us has God given gifts to share, ways to make a connection. Some are gained through work; some are learned from Life; some of them are readily visible and some come from deep within our spiritual being. These gifts might be found in a healthcare worker, a knitter, a good listener, a therapist, a grandparent, a dog walker, a person comfortable just being there, a paralegal, a writer, a teacher, a musician, a person who knows deep pain, a cook, a flower arranger, a counselor, an artist, a good driver, a carpenter, a lawyer, a hiker, a problem solver, a gardener, a seamstress, a card player, a lover of all people, a daycare worker, a story teller, a computer whizz, a person who has been there before. These gifts are everywhere. Let your pastoral care gifts bloom.

Lebanon County Christian Ministries

by Bryan Smith, Executive Director, LCCM



LCCM

Our Mission

Lebanon County Christian Ministries shares the love of Jesus by providing emergency food, clothing, shelter, and guidance toward personal sustainability.

LCCM WISH LIST

- **Food Needs**—Canned Pasta, Canned Meats, Soups—Chicken Noodle, Tomato, and Vegetable, Instant Hot Cereal, Applesauce, Canned Sliced Potatoes
- **Personal Care Item Needs**—deodorant, body wash, toothpaste, shampoo, toothbrushes, combs/brushes, tissues, etc.
- **Specific Needs**—Sneakers (men's, women's, boys, and girls, all sizes); Men's Boxers (small, medium, and large); Men's Briefs (Size 2x and 3x only) Bras (Size 32, 34, 36, and 38); Infant and Toddler Socks (Size 0 to 4T); Women's Socks (Size 9 to 11 only); No Men's or Women's Sock Except those Requested Above; Girls' Pants (sizes 2 and 4); Boys' Winter Shirts (Size 5 and larger); Women's Sweatpants (sizes small, large, XL, 2X and 3X); Women's Sweatshirts (sizes 2X and 3X); Women's Winter Pajamas (sizes 2X and 3X); Men's Sweatpants and Sweatshirts (sizes 2X and 3X); Men's T-Shirts (sizes small, 2X and 3X); Men's Shorts (Size 2x and 3x); and Blankets (sizes full, queen, and king) (Note: at this time there is an overwhelming supply of winter coats, hats, gloves and scarves).

Walking the Talk

Some time ago, Vestry determined that whenever St. Luke's became the beneficiary of an unrestricted gift, that the parish would tithe a portion for the good of others outside the parish family. At its December meeting, Vestry began to consider just how we might live up to that commitment consequent to a recent windfall. A tithe is usually ten percent – and that was what the policy recommended. At the same meeting, Vestry received a financial report that estimated a substantial year-end surplus – due in part to low expenses incurred because of the COVID pandemic and the continuing generosity of our parishioners and friends.

A member suggested that since we seemed to be in good financial shape before the windfall, we should consider giving it all away as a way of giving witness to our community that we understand our "kingdom work" to be more than lip service. Because it was such a substantial sum, Vestry decided to "take it under advisement" and not act too hastily.

At the January 2022 meet, a member introduced a multi-part resolution that addressed the disposition of those funds. After a thorough discussion with the parish treasurer

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Please pray for our Homebound

Barbara Bross, Joe Dowhower, and Joan Miller

ECW News

by Rose Brown

Women of St. Luke's you are cordially invited to our fifth in-house meeting on the second Sunday of the month, February 13 at 9:15 AM and will be between services.



Note: All necessary precautions associated with the continuing pandemic are being taken, so please do not let fear keep you away from an enjoyable time with friends and family. .

(Continued from page 5 "National Caregivers Day")

for Home Health & Hospice Agencies (PAHHHA) pushed for the dedication of a day to recognize and appreciate caregivers wherever they may be—known, seen or unseen. National Caregiver Day was established in 2015 and first celebrated in 2016. The activities listed by *Gallup-Healthways Well-Being Index* stated that caregivers in a month do a total of:

- Six (6) days grooming, feeding, dressing, bathing, and walking
- Thirteen (13) days commuting, cleaning, doing laundry, monitoring medication, shopping, and cooking special meals for their patient
- Thirteen (13) hours are spend coordinating visits with physicians, researching symptoms and diseases, and managing finances.

The National Alliance for Caregiving and the American Association of Retired Persons reported for 2020:

- Estimated in the United States a total of 53 million caregivers who care for an adult or child without pay
- Fifteen (15%) percent look after two (2) adults
- Three (3%) percent look after three or more adults

The Institute on Aging reported for 2020:

- Seventy-five (75%) of caregivers are women who spend fifty (50%) percent more time providing essential services than males.

Some interesting facts:

- One (1) out of four (4) caregivers say their personal relationships suffer because of their caregiving duties
- It is estimated that more than fifty-three (53) million caregivers receive no payment for their services
- Family caregivers provide distant support and spend over \$8,000 annually
- Twenty-seven (27%) percent provide care services to a child as well as the parents
- Sixty-one (61%) percent of family caregivers are women

Caregivers are real-life heroes who help and care for those who need, changing their lives for the better. Caregivers make fantastic friends, they have fascinating stories to share, and know how to have fun. They may have a demanding job but no one can ever say there are bored. A caregiver deals with a lot, making times stressful and hard to deliver the care desired with due diligence. They juggle

their personal life with their professional life providing love and care to the best of their abilities.

Do you know a caregiver? If so how do you show your appreciation for their work? Do you show appreciate for all they do? Some ways to show your appreciate for all that they do can include but are not limited to—donating to a caregiver's favorite charity since gifts to professional caregivers is not allowed; write a letter of appreciation, expressing your gratitude; or post on social media showing support for those who give and hashtag #NationalCaregiversDay to ensure friends, family and caregivers know of your support and appreciation.

Are you a caregiver? Were you a caregiver? Do you care for a loved one, a child, a parent? Do you give care professionally? Are you paid, unpaid, or underpaid? If you were a caregiver, are a caregiver, professional or otherwise, paid, underpaid or not paid at all, just know that you are appreciated. We here at St. Luke's are honored and humbled at all you do for those under your care or who were under your care. You are doing God's work by giving of yourself through your kindness and generosity of time, patience, energy, abilities, and most importantly love.

Source: <https://nationaltoday.com/national-caregivers-day/>



(Continued from page 6 "Walking the Talk")

er and among the members, Vestry decided to move forward: St. Luke's will donate \$20,000 to Lebanon County Christian Ministries, specifically in support of the Fresh Start program. The donation is made in Memory of Father Jerry Richards, who was instrumental in establishing LCCM and its programs.

The parish will also donate \$5,000 to the Stevenson School for Ministry to underwrite its Anglican Studies Certificate course in liturgical theology for two years. Because of Father Jerry's dedicated work in transforming the worship ministries of St. Luke's, that donation will also be made in his memory. The course will be named for him for the duration of the gift. The remaining funds from the original \$36,500 will go into the parish's R & R Fund . No, that's not the Rector's vacation fund, but a fund dedicated to the ongoing maintenance and physical wellbeing of St. Luke's.

Vestry is to be commended for its willingness to step out in faith and rely on God's faithfulness as the parish gives witness to the gracious generosity of our God.

Happy Anniversary

Steve & Deborah Harris February 13
 Stanley & Linda Sando February 14
 Adam & Amanda Brossman February 19
 James & Helen Bowers February 21



To Our Parishioners

Youth

Judah Centeno February 05
 Camden Kilmoyer February 10
 Dante Cook February 22

Adults

Rebecca Gilbert February 01
 Bryan Houser February 01
 Matthew Baker February 02
 John Gragson February 02
 Elizabeth Nazeeri February 03
 Alexandra Hockley February 04
 Trey Kalbach February 04
 Jason Reilly February 04
 Margaret Gross February 05
 John Tylwalk I February 06
 Norman Weise February 06
 Nicholas Maria February 07
 Joe Dellaquila February 08
 John Drenning Jr. February 08
 James Allen February 09
 Bryan Bowser February 10
 Karen Allen February 10
 Michael Kane February 10
 Sharon Warner February 10
 Robert Sullivan III February 11
 Linda Arguedas February 13
 Katelyn Baker February 13
 Debra Drum February 13
 Edwin Keath Jr. February 15
 Christopher Maria February 15
 Tim Nieman February 15
 Cynthia Wegner February 15
 Bud Katzmann I February 17
 Rachael Dechert February 18
 Robert Daub Sr. February 20
 Lisa Herzing February 22
 Sean Hackett February 23
 Bruce Kilmoyer February 23
 Elizabeth Drenning February 25
 Cheryl Feeman February 25
 Dolores Coleman February 26
 Zachary Boehler February 28
 Elaine Feather February 29

Souper Bowl Soup Sale

The new year brings with it some parish wide fundraising opportunities, one of those opportunities is the Souper bowl Sunday soup sale. The Super Bowl this year is on February 13, 2022, and it is a great time for a hearty bowl of soup to keep you or someone you love warm on a cold winter's day or night. Go online to <https://www.stlukesbazaar.org/> for choices and to order a quart (32 oz) container or more of delicious soup for just \$8.00 each. Pick up for the Soup will be on Saturday, February 12 between 10:00 AM to 12:00 PM in the Fellowship Hall. All proceeds will be donated to LCCM to help support the transition of the Fresh Start Program to the Chestnut Community Center.



To those who volunteered their time, talents, and monetary support, thank you for all of your hard work and kindness.



Note from Parish Office: If you do not find the name of a individual listed above in the directory that just means they prefer to keep this information confidential. Out of respect for their wishes, St. Luke's will not divulge their information.